

Ketchikan Theatre Ballet Return to Activity Plan

The Board and staff of the Ketchikan Theatre Ballet, like you, are anxious to return to normal activities as soon as safely and practically possible and within the Governor's, Local Borough, City of Ketchikan, and the CDC's guidance. As we begin to phase in our return to activity, please prepare to implement the following protocols. These guidelines should be practiced until further notice, regardless of what stage Alaska is implementing.

Section 1: Attendance

- All participants and volunteers must pre-register. We will not allow drop-ins.
- Dancers waiting for their class should remain in their cars until 10 minutes before the beginning of class.
- An attendance log will be present for each day and class occurring onsite, including phone numbers to facilitate contact tracing of a confirmed exposure.
- One parent for dancers 7 and younger will be allowed to escort a dancer to their classes. We ask that no siblings or friends enter the building at this time. Dancers older than 7 are asked to enter the building by themselves. Please reach out to the Executive Director for special circumstances.
- **Cloth face coverings for dancers are required when entering and exiting the classroom/building.** Dancers will not be required to wear masks during class but can choose to do so at parent's discretion.
- When class ends, the dancers should promptly gather their belongings and leave the building to provide for a clear area for the next group.

Section 2: Participants

- The parent or legal guardian must fill out the required **Covid Waiver forms** (included in the registration form) and fulfill the assurance required on behalf of the minor child(ren) in their care. **This form must be submitted electronically.**

Section 3: Health Status Screening – Participants, Teachers, Staff, and Volunteers

- Participants must agree **not** to participate in class if they:
 - Are exhibiting the current CDC recognized symptoms consistent with COVID-19;
 - Have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days;
 - Are within 72 hours of exhibiting significant COVID-19 symptoms or a fever;
 - When recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever.
 - Have not been in the state for 14 days symptom free as long as Health Mandate 10.1 – International and Interstate Travel – Order for Self Quarantine is in effect
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- Temperature Checks: Teachers, participants, and volunteers will have their temperature taken using an infrared non-contact forehead thermometer prior to entering the facility. Any entrant who possesses a reading of 100.4 Fahrenheit or higher according to CDC definitions of reportable illness for contagious disease will be denied entry.
 - Temperature checks will be recorded on a log sheet.

- Participants must agree to inform someone from the Organization if they do become sick within seven days of participation in class so that other Participants can be informed that they should monitor for symptoms and practice social distancing.
- Parents/Guardians must leave their children with volunteers at the door. There will be no parents/guardians/spectators in the building.

Section 4: Symptoms

- Any teacher or dancer who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting illness (from any contagious malady, including cold, flu, or suspected coronavirus) will be prohibited from attending class. Dancers, teachers, parents, or volunteers with any symptoms of COVID-19 must not attend class.

Section 5: Minimize Physical Contact

- With social distancing practices, dancers and teachers should refrain from physical contact. We understand that this may be difficult, but we need to be diligent at enforcing this protocol for the health and safety of our dancers and their families.
- All dancers, teachers, staff, and volunteers should practice social distancing of 6 ft.
- Teachers will alter their training methods to incorporate appropriate social distancing.
- Visual indicators of proper spacing will be set up in appropriate areas.
- Teachers and volunteers are required to wear appropriate face coverings at all times.
- Dancers should have hand sanitizer for personal use. Hand sanitizing stations will be present.
- Sharing of equipment will not be allowed. Dancers should have their own water bottle.

Section 6: Facility structures cleaning and use

- All facilities will be cleaned and disinfected between classes.
- **Rest Rooms:** Rest rooms will be limited occupancy to one person at a time.
- **Changing Rooms** will be available for students coming directly from school. Dancers who are able should come in appropriate attire to minimize the use of the changing rooms. Clothes should be laundered after all workouts.
- Dancers and teachers should practice proper hygiene, wash hands frequently with soap and water for at least 20 seconds, use alcohol-based hand sanitizer, abstain from touching their face, and cover their cough or sneeze with a tissue and throw tissue in the trash.

Section 6: Activity Mitigation Actions

- Limit one class (maximum 8 students) to each studio.
- Dancers must bring their own water. No sharing.
- Teachers or volunteers may welcome each dancer as they come to the facility but should not make physical contact with the dancer.
- Individual activities only.
- Designated space for each dancer. The size of the space for each dancer will depend on the technique on which you are working and accommodations for the skill level of the dancer.

- There will be time between the end of one class and the beginning of the next class to provide distancing and sanitize the studio.